

Mother Superior's Cabbage Salad

Yield: 6 min
Total Time: 15 min

Recipe from: <https://www.recipeschoose.com/recipes/best-recipe-for-mother-day>

Ingredients:

- 3 cups shredded cabbage
- 2 apples sweet, grated
- 1 onion small, grated
- 1/2 teaspoon salt
- 1/2 cup sour cream
- 2 tablespoons cider vinegar
- 1 tablespoon honey
- 1/4 teaspoon ground black pepper fresh

Nutrition:

1. Calories: 100 calories
2. Carbohydrate: 16 grams
3. Cholesterol: 10 milligrams
4. Fat: 4 grams
5. Fiber: 2 grams
6. Protein: 1 grams
7. SaturatedFat: 2.5 grams
8. Sodium: 220 milligrams
9. Sugar: 12 grams

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