

Miso Glazed Japanese Sweet Potatoes

Yield: 7 min
Total Time: 45 min

Recipe from: <https://www.recipeschoose.com/recipes/roasted-japanese-yam-recipe>

Ingredients:

- 3 pounds Japanese sweet potatoes
- 1/2 cup canola oil
- 1 teaspoon freshly ground black pepper
- 1 tablespoon butter
- 1 teaspoon sesame oil
- 1 teaspoon minced garlic finely
- 2 tablespoons white miso
- 1 tablespoon soy sauce low sodium if available
- 2 tablespoons brown sugar
- 1 tablespoon water
- 1 sesame seeds or more tablespoons