

Sausage Stuffed Mushroom Caps

Yield: 18 min
Total Time: 30 min

Recipe from: <https://www.recipeschoose.com/recipes/best-recipe-for-italian-crab-stuffed-mushroom-caps>

Ingredients:

- 1/4 pound garlic maple, honey, or your favorite pork sausage, about 5 links
- 18 mushroom caps large, white or cremini
- 2 tablespoons butter or margarine
- 2 tablespoons minced onions finely
- 1 clove garlic very finely minced
- 1/4 cup dry bread crumbs
- 2 tablespoons dry sherry
- 1 tablespoon fresh parsley chopped
- 1/2 teaspoon dried oregano
- 1/8 teaspoon salt and pepper
- 1/2 cup mozzarella cheese grated

Nutrition:

1. Calories: 40 calories
2. Carbohydrate: 4 grams
3. Cholesterol: 5 milligrams
4. Fat: 2 grams
5. Protein: 2 grams
6. SaturatedFat: 1 grams
7. Sodium: 70 milligrams
8. Sugar: 1 grams

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