

Pressure cooker Italian chicken soup

Yield: 4 min
Total Time: 50 min

Recipe from: <https://www.recipeschoose.com/recipes/pressure-cooker-italian-recipe>

Ingredients:

- 3 pounds whole chicken
- 4 tomatoes large
- 3 celery stalks roughly chopped
- 2 large carrots peeled and halved
- 1 onion large, roughly chopped
- 4 garlic cloves halved
- 6 black peppercorns
- 1 bay leaf
- 8 cups water
- 4 teaspoons salt
- 3/4 cup risoni or orzo pasta
- 1 bunch parsley finely chopped
- 1 bunch basil finely chopped
- lemon juice to taste
- grated Parmesan a little, to serve
- salt
- pepper

Nutrition:

1. Calories: 460 calories
2. Carbohydrate: 16 grams
3. Cholesterol: 225 milligrams
4. Fat: 12 grams
5. Fiber: 4 grams
6. Protein: 72 grams
7. SaturatedFat: 4 grams
8. Sodium: 2940 milligrams

9. Sugar: 7 grams

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