

Portuguese Chicken – Piri Piri Grilled Chicken

Yield: 4 min
Total Time: 70 min

Recipe from: <https://www.recipeschoose.com/recipes/best-portuguese-barbecue-chicken-recipe>

Ingredients:

- 1 chicken
- 1 lemon
- 1/2 cup white wine
- 1/2 cup olive oil
- 3 cloves garlic – smashed, not crushed
- 1 tablespoon paprika
- 1/2 teaspoon black pepper
- 2 tablespoons piri piri sauce
- 1 tablespoon fresh parsley chopped
- salt

Nutrition:

1. Calories: 700 calories
2. Carbohydrate: 7 grams
3. Cholesterol: 245 milligrams
4. Fat: 39 grams
5. Fiber: 2 grams
6. Protein: 77 grams
7. SaturatedFat: 8 grams
8. Sodium: 550 milligrams
9. Sugar: 1 grams

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