

# Cheesy Cabbage Casserole

Yield: 7 min  
Total Time: 35 min

Recipe from: <https://www.recipeschoose.com/recipes/golompke-beef-and-cabbage-casserole-recipes>

## Ingredients:

- 1 pound ground beef
- 1 pound ground sausage
- 1 onion small, chopped
- 1 green pepper chopped
- 1 head cabbage chopped
- 14 1/2 ounces diced tomatoes or diced tomatoes with green chills
- 8 ounces tomato sauce
- 1 tablespoon oregano
- 1 1/2 teaspoons garlic powder
- 1 tablespoon italian seasoning
- 1/4 teaspoon red pepper flakes optional
- 1 cup white rice or any variety, uncooked
- 2 cups broth it can be chicken, beef or vegetable
- 2 cups shredded cheddar cheese
- salt
- pepper

## Nutrition:

1. Calories: 660 calories
2. Carbohydrate: 40 grams
3. Cholesterol: 125 milligrams
4. Fat: 40 grams
5. Fiber: 6 grams
6. Protein: 37 grams
7. SaturatedFat: 17 grams
8. Sodium: 1150 milligrams
9. Sugar: 6 grams
10. TransFat: 0.5 grams

Thank you for visiting our website. Hope you enjoy Cheesy Cabbage Casserole above. You can see more 16+ golompke beef and cabbage casserole recipes Experience flavor like never before! to get more great cooking ideas.