

Cabbage Rolls

Yield: 4 min

Total Time: 105 min

Recipe from: <https://www.recipeschoose.com/recipes/jewish-onion-rolls-recipe>

Ingredients:

- 1 head green cabbage
- 1 pound ground pork or ground turkey
- 1/2 pound ground beef
- 2 onions small, diced
- 3 cloves garlic minced
- 1/2 teaspoon dill weed
- 3 tablespoons fresh parsley
- 14 ounces diced tomatoes
- pepper
- salt
- 1 cup rice uncooked
- 1 egg
- 1 1/2 cups tomato sauce or pasta sauce, divided
- 1 can tomato soup

Nutrition:

1. Calories: 710 calories
2. Carbohydrate: 55 grams
3. Cholesterol: 175 milligrams
4. Fat: 37 grams
5. Fiber: 11 grams
6. Protein: 40 grams
7. SaturatedFat: 14 grams
8. Sodium: 970 milligrams
9. Sugar: 17 grams
10. TransFat: 0.5 grams

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