

Pico de Gallo

Yield: 4 min
Total Time: 30 min

Recipe from: <https://www.recipeschoose.com/recipes/traditional-mexican-pico-de-gallo-recipe-beef>

Ingredients:

- 2 tomatoes large
- 1 bunch cilantro approx 1/2-3/4 cup, thick stems removed, roughly chopped
- 1 sweet onion large
- 1 lime
- 2 jalapeno peppers or other hot pepper
- kosher salt to taste
- 4 avocados ripe
- 1 cup pico de gallo
- kosher salt to taste

Nutrition:

1. Calories: 390 calories
2. Carbohydrate: 37 grams
3. Fat: 30 grams
4. Fiber: 17 grams
5. Protein: 6 grams
6. SaturatedFat: 4 grams
7. Sodium: 720 milligrams
8. Sugar: 13 grams

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