

# Fish Tacos with Citrus Salsa

Yield: 8 min  
Total Time: 48 min

Recipe from: <https://www.recipeschoose.com/recipes/real-mexican-fish-tacos-recipe>

## Ingredients:

- oranges and orange juice
- tomato
- red onion
- fresh cilantro
- kosher salt
- freshly ground black pepper
- dried oregano
- canola oil
- lemon juice
- fish choose from tilapia, sea bass, swordfish, shark, cod or pollack
- corn tortillas
- 2 medium oranges peeled and segmented
- 2 teaspoons jalapeño peppers minced, seeded
- 3/4 cup diced tomatoes
- 1/2 medium red onion diced
- 3 tablespoons chopped fresh cilantro
- 2 teaspoons orange juice
- 1/2 teaspoon kosher salt
- 1/2 teaspoon dried oregano
- 1/2 teaspoon freshly ground black pepper
- 2 tablespoons canola oil
- 2 tablespoons freshly squeezed lemon juice
- kosher salt
- freshly ground black pepper
- 2 pounds fresh sea bass swordfish, shark, tilapia, cod or pollack
- 24 corn tortillas

## Nutrition:

1. Calories: 310 calories

2. Carbohydrate: 52 grams
3. Cholesterol: 10 milligrams
4. Fat: 9 grams
5. Fiber: 9 grams
6. Protein: 9 grams
7. SaturatedFat: 0.5 grams
8. Sodium: 400 milligrams
9. Sugar: 3 grams

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