

Best Ever Layered Mexican Dip

Yield: 4 min
Total Time: 20 min

Recipe from: <https://www.recipeschoose.com/recipes/the-bigs-mexican-dip-recipe>

Ingredients:

- 9 ounces bean dip
- 6 ounces guacamole
- 12 ounces sour cream
- 1 ounce taco seasoning mix
- 8 ounces shredded cheddar cheese
- 1 jalapeno pepper seeded and diced
- 1 tomato chopped

Nutrition:

1. Calories: 420 calories
2. Carbohydrate: 11 grams
3. Cholesterol: 105 milligrams
4. Fat: 36 grams
5. Fiber: 3 grams
6. Protein: 17 grams
7. SaturatedFat: 22 grams
8. Sodium: 1250 milligrams
9. Sugar: 8 grams

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