

Jimmy Fallon's Crock Pot Chili

Yield: 4 min
Total Time: 80 min

Recipe from: <https://www.recipeschoose.com/recipes/best-mexican-crockpot-chili-recipe>

Ingredients:

- 1/2 pound ground chuck 2 to 3 and
- 2 tablespoons olive oil
- 1 white onion large, chopped
- 3 cloves garlic large, minced
- 1/2 chili habanero, chopped very fine, I added a chopped jalapeno as well
- 1/4 cup chili powder
- 1 tablespoon oregano dry
- 1 teaspoon cayenne pepper 1/4 teaspoon to, depending on how hot you want it
- 1 1/2 teaspoons cumin I added 1 Tablespoon
- 2 whole crushed tomatoes 28 oz. cans, OR petite diced tomatoes, undrained
- 1/3 cup chopped cilantro plus more for topping
- 12 ounces beer 1 bottle, amber
- 2 cans kidney beans 15 oz., or chili, pinto beans, drained well and rinsed, divided
- sea salt a sprinkle of
- fresh ground pepper
- sharp cheddar cheese grated, topping
- chopped tomatoes topping
- sour cream topping
- chopped cilantro topping
- lime wedges for squeezing over
- tortilla chips to garnish and to scoop up chili, optional

Nutrition:

1. Calories: 400 calories
2. Carbohydrate: 32 grams
3. Cholesterol: 45 milligrams
4. Fat: 22 grams
5. Fiber: 5 grams
6. Protein: 25 grams

7. SaturatedFat: 6 grams
 8. Sodium: 350 milligrams
 9. Sugar: 3 grams
 10. TransFat: 0.5 grams
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