## RecipesChisse

# Churros 

Yield: 4 min<br>Total Time: 35 min

Recipe from: https://www.recipeschoose.com/recipes/italian-churros-recipe

## Ingredients:

- 1 cup water
- $1 / 4$ cup unsalted butter diced into small cubes
- 1 tablespoon granulated sugar
- $1 / 4$ teaspoon salt
- 1 cup all purpose flour
- 1 large egg
- $1 / 2$ teaspoon vanilla extract
- vegetable oil for frying
- $1 / 2$ cup granulated sugar
- 3/4 teaspoon ground cinnamon


## Nutrition:

1. Calories: 390 calories
2. Carbohydrate: 53 grams
3. Cholesterol: 85 milligrams
4. Fat: 18 grams
5. Fiber: 1 grams
6. Protein: 5 grams
7. SaturatedFat: 8 grams
8. Sodium: 170 milligrams
9. Sugar: 29 grams

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