### RecipesCh@~se

# Churros

#### Yield: 4 min Total Time: 35 min

Recipe from: https://www.recipeschoose.com/recipes/italian-churros-recipe

## **Ingredients:**

- 1 cup water
- 1/4 cup unsalted butter diced into small cubes
- 1 tablespoon granulated sugar
- 1/4 teaspoon salt
- 1 cup all purpose flour
- 1 large egg
- 1/2 teaspoon vanilla extract
- vegetable oil for frying
- 1/2 cup granulated sugar
- 3/4 teaspoon ground cinnamon

## Nutrition:

- 1. Calories: 390 calories
- 2. Carbohydrate: 53 grams
- 3. Cholesterol: 85 milligrams
- 4. Fat: 18 grams
- 5. Fiber: 1 grams
- 6. Protein: 5 grams
- 7. SaturatedFat: 8 grams
- 8. Sodium: 170 milligrams
- 9. Sugar: 29 grams

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