

# Slow Cooker Chicken Enchilada Soup

Yield: 14 min  
Total Time: 50 min

Recipe from: <https://www.recipeschoose.com/recipes/recipe-for-mexican-enchilada-crockpot>

## Ingredients:

- 2 tablespoons extra virgin olive oil
- 1 onion large, finely chopped
- 3 tablespoons minced garlic
- 1 rotisserie chicken about 4 cups shredded, no skin
- 32 ounces reduced sodium chicken broth
- 56 ounces sauce mild green enchilada
- 20 ounces tomatoes Mild Rotel diced, with peppers
- 4 cups spanish rice cooked, I used 2 packages of Knorr Fiesta Rice
- 3 tablespoons ground cumin
- 8 ounces sour cream
- 2 cups shredded cheddar cheese for topping
- 1 bunch cilantro leaves fresh, for topping
- 1 bag tortilla chips for topping

## Nutrition:

1. Calories: 580 calories
2. Carbohydrate: 75 grams
3. Cholesterol: 140 milligrams
4. Fat: 21 grams
5. Fiber: 6 grams
6. Protein: 22 grams
7. SaturatedFat: 8 grams
8. Sodium: 820 milligrams
9. Sugar: 13 grams

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