

# Mexican Chicken Fajita Bowl

Yield: 4 min  
Total Time: 70 min

Recipe from: <https://www.recipeschoose.com/recipes/real-mexican-chicken-fajita-recipe>

## Ingredients:

- 1 1/2 pounds chicken breasts
- 2 tablespoons lime juice
- 3 tablespoons olive oil
- 3 garlic clove minced
- 1/2 teaspoon salt
- 1/2 teaspoon ground cumin
- 1/2 teaspoon chili powder
- 1/2 teaspoon red pepper flakes
- 1 poblano pepper thinly sliced
- 1 red bell pepper thinly sliced
- 1 yellow pepper thinly sliced
- 1/2 yellow onion thinly sliced
- 1/2 red onion thinly sliced
- 4 cups steamed white rice
- 1 cup black beans
- 1 cup corn Charred
- 1 cup chopped tomatoes
- 1 guacamole recipe
- limes
- fresh cilantro

## Nutrition:

1. Calories: 410 calories
2. Carbohydrate: 28 grams
3. Cholesterol: 110 milligrams
4. Fat: 16 grams
5. Fiber: 8 grams
6. Protein: 42 grams
7. SaturatedFat: 3 grams

8. Sodium: 700 milligrams
  9. Sugar: 5 grams
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