

Easy Mexican Breakfast Burritos

Yield: 4 min
Total Time: 15 min

Recipe from: <https://www.recipeschoose.com/recipes/recipe-for-mexican-breakfast-burritos>

Ingredients:

- 1 tablespoon olive oil
- 1/2 red pepper diced
- 1/2 green pepper diced
- 1/2 yellow onion medium, diced
- 2 meat Jimmy Dean Breakfast Bowls, Lovers, Sausage or Bacon flavor
- 6 tortillas soft taco sized
- salsa to taste
- cilantro to taste

Nutrition:

1. Calories: 370 calories
2. Carbohydrate: 57 grams
3. Fat: 12 grams
4. Fiber: 4 grams
5. Protein: 9 grams
6. SaturatedFat: 2.5 grams
7. Sodium: 720 milligrams
8. Sugar: 4 grams

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