

Jiffy Mexican Cornbread

Yield: 4 min
Total Time: 45 min

Recipe from: <https://www.recipeschoose.com/recipes/easy-jiffy-mexican-cornbread-recipe>

Ingredients:

- 2 boxes Jiffy Corn Muffin Mix
- 2 eggs
- 2/3 cup milk whole or 2% is best
- 7 ounces green chiles
- 15 ounces corn drained
- 2 tablespoons butter melted
- 1 pinch salt and pepper

Nutrition:

1. Calories: 230 calories
2. Carbohydrate: 27 grams
3. Cholesterol: 125 milligrams
4. Fat: 10 grams
5. Fiber: 4 grams
6. Protein: 9 grams
7. SaturatedFat: 5 grams
8. Sodium: 200 milligrams
9. Sugar: 8 grams

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