

# Ukrainian Sweet and Sour Cabbage Soup

Yield: 7 min  
Total Time: 60 min

Recipe from: <https://www.recipeschoose.com/recipes/best-jewish-cabbage-soup-recipe>

## Ingredients:

- 2 tablespoons butter
- 1 onion thinly sliced
- 1 granny smith apples peeled, cored and sliced
- 3 cups red cabbage shredded
- 4 cups beef stock
- 1/2 cup cider vinegar
- 1/4 cup brown sugar packed
- 1/2 teaspoon salt
- 1/4 teaspoon ground black pepper
- 1/4 teaspoon celery seed
- 1/3 cup raisins
- 1/4 cup apple butter

## Nutrition:

1. Calories: 130 calories
2. Carbohydrate: 22 grams
3. Cholesterol: 10 milligrams
4. Fat: 3.5 grams
5. Fiber: 2 grams
6. Protein: 3 grams
7. SaturatedFat: 2 grams
8. Sodium: 480 milligrams
9. Sugar: 17 grams

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