

# Negima Yakitori (Japanese Chicken Skewers)

Yield: 8 min  
Total Time: 38 min

Recipe from: <https://www.recipeschoose.com/recipes/recipe-for-japanese-style-chicken-skewers>

## Ingredients:

- 1/2 cup soy sauce
- 1/2 cup mirin
- 1/4 cup sake
- 2 tablespoons sugar
- 8 bamboo 6 inch, skewers
- 1 pound skinless chicken thighs boneless, cut into 1 inch chunks
- 6 scallions the thick bottom part cut into 1 inch pieces

## Nutrition:

1. Calories: 180 calories
2. Carbohydrate: 6 grams
3. Cholesterol: 50 milligrams
4. Fat: 9 grams
5. Protein: 11 grams
6. SaturatedFat: 2.5 grams
7. Sodium: 940 milligrams
8. Sugar: 4 grams

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