

Japanese Beef Stir-Fry

Yield: 8 min
Total Time: 45 min

Recipe from: <https://www.recipeschoose.com/recipes/easy-japanese-beef-stir-fry-recipe>

Ingredients:

- 2 pounds sirloin steaks boneless, 3/4" thick
- 3 tablespoons cornstarch
- 10 1/2 ounces beef broth Campbell's® Condensed
- 1/2 cup soy sauce
- 2 tablespoons sugar
- 2 tablespoons vegetable oil
- 4 cups shiitake mushrooms sliced
- 1 head chinese cabbage bok choy, thinly sliced
- 2 red peppers medium, cut into 2"-long strips
- 3 stalks celery sliced
- 2 green onions medium, cut into 2" pieces
- regular long-grain white rice Hot cooked

Nutrition:

1. Calories: 280 calories
2. Carbohydrate: 20 grams
3. Cholesterol: 50 milligrams
4. Fat: 8 grams
5. Fiber: 3 grams
6. Protein: 30 grams
7. SaturatedFat: 2.5 grams
8. Sodium: 1160 milligrams
9. Sugar: 6 grams

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