

Homemade Macaroni and Cheese

Yield: 4 min
Total Time: 30 min

Recipe from: <https://www.recipeschoose.com/recipes/best-jamaican-macaroni-cheese-recipe>

Ingredients:

- 1/2 box macaroni Elbow Noodles, cooked and drained
- 8 ounces cheese shredded cheddar, cheese, you can totally use whatever you have on hand or use a variety of cheeses
- 2 tablespoons butter
- 1 cup milk
- 1/2 teaspoon paprika
- 1/2 teaspoon mustard

Nutrition:

1. Calories: 320 calories
2. Carbohydrate: 4 grams
3. Cholesterol: 80 milligrams
4. Fat: 26 grams
5. Protein: 17 grams
6. SaturatedFat: 16 grams
7. Sodium: 440 milligrams
8. Sugar: 4 grams

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