

Jam Swiss Roll

Yield: 4 min
Total Time: 10 min

Recipe from: <https://www.recipeschoose.com/recipes/swiss-roll-recipe-with-homemade-jam>

Ingredients:

- 1/3 cup all purpose flour
- 4 eggs
- 3/4 cup powdered sugar
- 1/2 teaspoon vanilla extract
- 1/4 teaspoon salt
- 1/2 teaspoon baking powder
- 4 tablespoons jam

Nutrition:

1. Calories: 250 calories
2. Carbohydrate: 45 grams
3. Cholesterol: 210 milligrams
4. Fat: 5 grams
5. Fiber: 1 grams
6. Protein: 8 grams
7. SaturatedFat: 1.5 grams
8. Sodium: 290 milligrams
9. Sugar: 32 grams

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