

# Green Salad with Italian Vinaigrette

Yield: 6 min  
Total Time: 10 min

Recipe from: <https://www.recipeschoose.com/recipes/best-italian-vinaigrette-recipe-savory>

## Ingredients:

- 16 cups salad greens lettuce, spinach, kale, etc.
- 1 bunch radishes finely sliced
- 1/4 red onion medium, finely sliced
- 1 cucumber large, sliced, peeled if peel is tough
- edible flowers nasturtiums, pansies, dandelions, etc., optional
- 6 tablespoons virgin olive oil extra-
- 1/4 cup apple cider vinegar
- 1/4 teaspoon dried oregano leaves
- 1/4 teaspoon dried rosemary
- 1/4 teaspoon marjoram leaves dried
- 1/4 teaspoon dried thyme leaves
- 1/4 teaspoon dried savory
- 1 clove garlic
- 1/8 teaspoon cracked pepper omit for AIP

## Nutrition:

1. Calories: 160 calories
2. Carbohydrate: 9 grams
3. Fat: 14 grams
4. Fiber: 3 grams
5. Protein: 3 grams
6. SaturatedFat: 2 grams
7. Sodium: 60 milligrams
8. Sugar: 3 grams

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