

Italian Tripe in Tomato Sauce

Yield: 6 min
Total Time: 55 min

Recipe from: <https://www.recipeschoose.com/recipes/rick-stein-italian-tripe-recipe>

Ingredients:

- 1 1/2 cups white vinegar
- 2 pounds tripe cleaned and cubed
- 3/4 cup extra virgin olive oil
- 1 clove garlic peeled
- red chili pepper Crushed, to taste, optional
- 4 bay leaves
- 1 cup white wine
- salt
- fresh black pepper
- 3 cups tomato puree
- 1 1/2 cups water
- 2 tablespoons unsalted butter
- 3 1/2 ounces grated pecorino cheese or to taste, plus more for topping

Nutrition:

1. Calories: 430 calories
2. Carbohydrate: 14 grams
3. Cholesterol: 25 milligrams
4. Fat: 35 grams
5. Fiber: 3 grams
6. Protein: 8 grams
7. SaturatedFat: 9 grams
8. Sodium: 830 milligrams
9. Sugar: 7 grams

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