

Slow Cooker Italian Short Rib Ragu

Yield: 4 min
Total Time: 30 min

Recipe from: <https://www.recipeschoose.com/recipes/recipe-for-italian-short-rib-ragu>

Ingredients:

- 4 pounds beef short ribs
- 4 tablespoons extra virgin olive oil
- 2 ounces pancetta ; chopped, do not use bacon
- 1 yellow onion ; chunked
- 8 garlic cloves ; minced/grated
- 3 carrots ; peeled, chopped
- 3 celery ribs ; chopped
- 6 ounces tomato paste
- 1 teaspoon sugar
- 1 cup beef stock
- 1 cup red wine
- 1/3 cup balsamic vinegar
- 28 ounces crushed tomatoes
- 14 1/2 ounces stewed tomatoes
- 2 tablespoons fresh basil ; chopped

Nutrition:

1. Calories: 2140 calories
2. Carbohydrate: 45 grams
3. Cholesterol: 350 milligrams
4. Fat: 177 grams
5. Fiber: 9 grams
6. Protein: 75 grams
7. SaturatedFat: 75 grams
8. Sodium: 1370 milligrams
9. Sugar: 18 grams

Thank you for visiting our website. Hope you enjoy Slow Cooker Italian Short Rib Ragu above. You can see more 16 recipe for italian short rib ragu Dive into deliciousness! to get more great cooking ideas.