

ITALIAN SAUSAGE AND PASTA SKILLET

Yield: 7 min
Total Time: 50 min

Recipe from: <https://www.recipeschoose.com/recipes/best-italian-sausage-and-pasta-recipe>

Ingredients:

- 1 package Johnsonville® Mild Italian Sausage could use smoked sausage or whatever you like. These come about 5 to a package and about...
- 1 cup green pepper chopped, or can combine red, green and yellow
- 1 cup green onions chopped, or just plain onion
- 4 ounces mushroom pieces, drained
- 4 ounces green chilis drained, could use fresh banana peppers or jalapeno peppers
- 2 cloves garlic peeled and chopped or mashed
- 1/4 teaspoon black pepper
- 1/2 teaspoon salt
- 1 tablespoon fresh basil chopped, or 1 teaspoon dried
- 1/4 teaspoon rubbed sage
- 1/4 teaspoon ground thyme
- 1/2 teaspoon marjoram leaves dried, Optional
- 14 1/2 ounces chicken broth
- 14 1/2 ounces diced tomatoes petite, or 2 cups fresh chopped tomatoes
- 2 cups rotini pasta
- fresh parsley for garnish, Optional
- 1 cup shredded cheese I use Parmesan

Nutrition:

1. Calories: 200 calories
2. Carbohydrate: 25 grams
3. Cholesterol: 15 milligrams
4. Fat: 6 grams
5. Fiber: 3 grams
6. Protein: 10 grams
7. SaturatedFat: 3.5 grams

8. Sodium: 300 milligrams

9. Sugar: 4 grams

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