

Italian Risotto Cakes

Yield: 6 min
Total Time: 20 min

Recipe from: <https://www.recipeschoose.com/recipes/the-best-italian-risotto-recipe>

Ingredients:

- 2 cups risotto recipe here
- 1/4 cup mozzarella cheese shredded
- 4 tablespoons avocado oil for frying
- 1/2 cup tapioca flour or all purpose flour
- chopped parsley for garnish, optional
- Parmesan cheese for garnish, optional

Nutrition:

1. Calories: 390 calories
2. Carbohydrate: 65 grams
3. Cholesterol: 5 milligrams
4. Fat: 12 grams
5. Fiber: 2 grams
6. Protein: 7 grams
7. SaturatedFat: 2 grams
8. Sodium: 70 milligrams

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