

Slow Cooker Italian Pulled Pork

Yield: 4 min
Total Time: 495 min

Recipe from: <https://www.recipeschoose.com/recipes/best-italian-pulled-pork-recipe>

Ingredients:

- 1 boneless pork shoulder roast Smithfield
- 1 teaspoon salt
- black pepper
- 2 tablespoons olive oil separated
- 6 cloves garlic minced
- 1 onion diced
- 28 ounces canned tomatoes crushed
- 3 tablespoons tomato paste
- 1 cup wine red or white whatever your prefer
- 2 fresh basil good handfuls, torn
- 1 fresh parsley good handful, chopped
- salt
- pepper
- Italian bread
- mozzarella cheese

Nutrition:

1. Calories: 250 calories
2. Carbohydrate: 32 grams
3. Fat: 7 grams
4. Fiber: 7 grams
5. Protein: 7 grams
6. SaturatedFat: 1 grams
7. Sodium: 1220 milligrams
8. Sugar: 3 grams

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