

Italian Pork Tenderloin

Yield: 4 min
Total Time: 50 min

Recipe from: <https://www.recipeschoose.com/recipes/pork-tenderloin-italian-style-recipe>

Ingredients:

- 2 tablespoons olive oil
- 1/4 cup prosciutto chopped
- 2 tablespoons chopped fresh sage
- 2 tablespoons fresh parsley chopped
- 2 tablespoons sun-dried tomatoes in oil chopped
- 1/4 cup chopped onion
- 1 1/2 pounds pork tenderloin cut into 1/2 inch strips
- 1/2 cup chicken broth
- 1/2 cup heavy cream
- 1/4 teaspoon salt
- 1/2 teaspoon ground black pepper

Nutrition:

1. Calories: 420 calories
2. Carbohydrate: 3 grams
3. Cholesterol: 165 milligrams
4. Fat: 28 grams
5. Protein: 39 grams
6. SaturatedFat: 11 grams
7. Sodium: 370 milligrams

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