

Italian Pesto Pasta Salad

Yield: 8 min
Total Time: 40 min

Recipe from: <https://www.recipeschoose.com/recipes/traditional-italian-pesto-pasta-recipe>

Ingredients:

- 1 pound pasta choice, I used farfalle
- 3/4 cup sun-dried tomatoes chopped
- 3/4 cup artichokes chopped
- 1 cup chickpeas rinsed and drained
- 1 batch pesto
- 2 tablespoons capers
- 1/2 cup fresh basil chopped
- 1/4 cup grated Parmesan cheese fresh, optional

Nutrition:

1. Calories: 270 calories
2. Carbohydrate: 52 grams
3. Cholesterol: 5 milligrams
4. Fat: 2.5 grams
5. Fiber: 4 grams
6. Protein: 11 grams
7. SaturatedFat: 0.5 grams
8. Sodium: 300 milligrams
9. Sugar: 4 grams

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