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## Slow-Cooker Garlic Chicken with Couscous

Yield: 4 min Total Time: 240 min

Recipe from: <a href="https://www.recipeschoose.com/recipes/italian-couscous-pasta-recipe">https://www.recipeschoose.com/recipes/italian-couscous-pasta-recipe</a>

## **Ingredients:**

- 1 whole chicken 3 1/2 to 4 pounds, cut into 6 to 8 pieces and patted dry
- coarse salt
- ground pepper
- 1 tablespoon extra-virgin olive oil
- 1 yellow onion medium, halved and thinly sliced
- 6 garlic cloves halved
- 2 teaspoons dried thyme
- 1 cup dry white wine such as Sauvignon Blanc
- 1/3 cup all-purpose flour
- 1 cup couscous
- fresh parsley Chopped, for serving

## **Nutrition:**

Calories: 560 calories
Carbohydrate: 49 grams
Cholesterol: 150 milligrams

4. Fat: 11 grams5. Fiber: 4 grams6. Protein: 54 grams7. SaturatedFat: 3 grams8. Sodium: 380 milligrams

9. Sugar: 2 grams

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