

Baked Italian Chicken Breast with Brie

Yield: 2 min
Total Time: 60 min

Recipe from: <https://www.recipeschoose.com/recipes/best-italian-chicken-breast-recipe>

Ingredients:

- 3/4 cup dry white wine
- 1/4 cup water
- 2 tablespoons dried oregano
- 2 teaspoons ground black pepper
- 1 teaspoon salt
- 2 skinless boneless chicken breast halves large
- 1 pinch red pepper flakes or to taste
- 2 Roma tomatoes chopped
- 2 mushrooms large, sliced
- 1 clove garlic chopped
- 1/4 cup grated Parmesan cheese divided
- 2 slices prosciutto
- 4 ounces brie cheese cut into 1/4-inch slices

Nutrition:

1. Calories: 590 calories
2. Carbohydrate: 9 grams
3. Cholesterol: 205 milligrams
4. Fat: 27 grams
5. Fiber: 2 grams
6. Protein: 63 grams
7. SaturatedFat: 14 grams
8. Sodium: 2180 milligrams
9. Sugar: 3 grams

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