

Italian Carrot Cake (Torta di Carote)

Yield: 9 min
Total Time: 105 min

Recipe from: <https://www.recipeschoose.com/recipes/torta-di-cioccolato-italian-recipe>

Ingredients:

- unsalted butter for coating the pan
- 2/3 cup flour all-purpose
- 2 1/2 teaspoons baking powder
- 2 cups blanched almond flour
- 1 1/4 cups granulated sugar
- 5 large egg yolks
- 3 cups shredded carrots from about 4 medium carrots, 11 ounces after shredding
- 1 teaspoon vanilla extract
- 5 large egg whites
- 1/4 teaspoon salt
- 1 cup mascarpone cheese
- 2 tablespoons powdered sugar plus more for sifting
- 1 Orange medium, for zesting, optional

Nutrition:

1. Calories: 390 calories
2. Carbohydrate: 50 grams
3. Cholesterol: 130 milligrams
4. Fat: 18 grams
5. Fiber: 5 grams
6. Protein: 11 grams
7. SaturatedFat: 4.5 grams
8. Sodium: 320 milligrams
9. Sugar: 33 grams

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