

# Italian Buttercream Frosting

Yield: 4 min  
Total Time: 40 min

Recipe from: <https://www.recipeschoose.com/recipes/best-italian-buttercream-recipe-uk>

## Ingredients:

- 2 cups granulated sugar
- 2/3 cup water
- 6 egg whites
- 1 pinch salt
- 1/4 teaspoon cream of tartar
- 1 1/4 pounds butter cubed, unsalted
- 2 teaspoons vanilla

## Nutrition:

1. Calories: 1440 calories
2. Carbohydrate: 102 grams
3. Cholesterol: 305 milligrams
4. Fat: 115 grams
5. Protein: 7 grams
6. SaturatedFat: 72 grams
7. Sodium: 980 milligrams
8. Sugar: 102 grams

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