

Italian Bruschetta

Yield: 4 min
Total Time: 20 min

Recipe from: <https://www.recipeschoose.com/recipes/the-best-italian-bruschetta-recipe>

Ingredients:

- 8 inches French baguette
- extra-virgin olive oil
- 3 plum tomatoes ripe, or 2 large tomatoes
- 2 tablespoons basil fresh chiffonade
- aged balsamic vinegar Splash
- 1/2 teaspoon garlic paste
- sea salt
- cracked pepper
- grated Parmesan cheese Freshly

Nutrition:

1. Calories: 80 calories
2. Carbohydrate: 3 grams
3. Cholesterol: 5 milligrams
4. Fat: 6 grams
5. Protein: 2 grams
6. SaturatedFat: 1.5 grams
7. Sodium: 260 milligrams
8. Sugar: 3 grams

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