

Yellow Curry Chicken with Basmati Rice

Yield: 2 min
Total Time: 85 min

Recipe from: <https://www.recipeschoose.com/recipes/easy-indian-yellow-curry-chicken-recipe>

Ingredients:

- 1 pound skinless boneless chicken breasts cut into 1-inch cubes
- 1/2 teaspoon salt
- 4 tablespoons olive oil
- 1/2 teaspoon cumin seeds
- 1 onion medium, finely chopped
- 2 cloves garlic finely chopped
- 1 teaspoon ginger freshly grated
- 14 ounces unsweetened coconut milk
- 2 tablespoons curry powder
- 1 cup frozen peas
- 1 1/2 cups green beans cut into 1-inch segments
- fresh cilantro for garnish, optional
- 1 cup basmati rice
- 1 3/4 cups water
- 1 teaspoon cumin seeds

Nutrition:

1. Calories: 1420 calories
2. Carbohydrate: 111 grams
3. Cholesterol: 145 milligrams
4. Fat: 84 grams
5. Fiber: 14 grams
6. Protein: 65 grams
7. SaturatedFat: 48 grams
8. Sodium: 990 milligrams
9. Sugar: 14 grams

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