

# Mint Sauce

Yield: 1 min  
Total Time: 55 min

Recipe from: <https://www.recipeschoose.com/recipes/mint-sauce-recipe-for-indian-food>

## Ingredients:

- 2 1/4 cups mint leaves finely chopped
- 1 tablespoon sugar
- 1/2 teaspoon kosher salt
- 1 cup white vinegar

## Nutrition:

1. Calories: 130 calories
2. Carbohydrate: 21 grams
3. Fat: 0.5 grams
4. Fiber: 5 grams
5. Protein: 2 grams
6. Sodium: 1220 milligrams
7. Sugar: 12 grams

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