

Hot Italian Sausage Meatballs

Yield: 4 min
Total Time: 40 min

Recipe from: <https://www.recipeschoose.com/recipes/real-homeade-hot-italian-sausage-recipe>

Ingredients:

- 1/2 pound hot Italian sausage ground
- 1/2 pound lean ground beef
- 1/2 cup white onions finely chopped
- 1/4 cup chopped parsley finely
- 1 egg
- garlic salt to taste
- black pepper to taste
- garlic powder to taste

Nutrition:

1. Calories: 360 calories
2. Carbohydrate: 7 grams
3. Cholesterol: 150 milligrams
4. Fat: 25 grams
5. Fiber: 2 grams
6. Protein: 26 grams
7. SaturatedFat: 9 grams
8. Sodium: 540 milligrams
9. Sugar: 1 grams

Thank you for visiting our website. Hope you enjoy Hot Italian Sausage Meatballs above. You can see more 16 real homeade hot italian sausage recipe Ignite your passion for cooking! to get more great cooking ideas.