

Chili Spiced Mixed Nuts

Yield: 12 min
Total Time: 35 min

Recipe from: <https://www.recipeschoose.com/recipes/best-holiday-mixed-nut-recipe>

Ingredients:

- 1 tablespoon coconut oil melted
- 1 tablespoon honey
- 1 teaspoon smoked paprika
- 1 teaspoon cumin
- 3/4 teaspoon cayenne pepper depending on how hot you like it
- 1 teaspoon salt
- 3 cups mixed nuts

Nutrition:

1. Calories: 220 calories
2. Carbohydrate: 10 grams
3. Fat: 19 grams
4. Fiber: 3 grams
5. Protein: 6 grams
6. SaturatedFat: 3.5 grams
7. Sodium: 430 milligrams
8. Sugar: 3 grams

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