

Cracker Barrel Southern Fried Chicken

Yield: 4 min
Total Time: 60 min

Recipe from: <https://www.recipeschoose.com/recipes/best-green-cracker-barrel-bean-recipe-southern>

Ingredients:

- oil for frying
- 3 cups all-purpose flour
- 3 teaspoons salt
- 3 teaspoons ground black pepper
- 3 cups buttermilk
- 3/4 cup water
- 1 whole chicken cut up

Nutrition:

1. Calories: 910 calories
2. Carbohydrate: 80 grams
3. Cholesterol: 260 milligrams
4. Fat: 21 grams
5. Fiber: 3 grams
6. Protein: 92 grams
7. SaturatedFat: 6 grams
8. Sodium: 2210 milligrams
9. Sugar: 9 grams

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