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Southern Sweet Potato Bread with Pecans

Yield: 10 min Total Time: 85 min

Recipe from: https://www.recipeschoose.com/recipes/the-best-southern-sweet-potato-casserole-recipe

Ingredients:

- 1 1/2 cups all-purpose flour
- 2 teaspoons baking powder
- 1/4 teaspoon salt
- 1 teaspoon ground nutmeg
- 1/2 teaspoon ground cinnamon
- 1 cup white sugar
- 2 eggs beaten
- 1/2 cup vegetable oil
- 2 tablespoons milk
- 1 cup sweet potatoes cooked and mashed
- 1 cup chopped pecans
- 1/2 cup golden raisins

Nutrition:

Calories: 370 calories
Carbohydrate: 44 grams
Cholesterol: 45 milligrams

4. Fat: 20 grams5. Fiber: 2 grams

6. Protein: 5 grams

7. SaturatedFat: 2 grams8. Sodium: 190 milligrams

9. Sugar: 25 grams

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