

East Coast Seasoned Charcoal Ribs

Yield: 4 min
Total Time: 240 min

Recipe from: <https://www.recipeschoose.com/recipes/andy-s-east-coast-kitchen-bread-recipe>

Ingredients:

- 1/4 cup paprika
- 2 tablespoons Old Bay Seasoning
- 2 tablespoons chili powder
- 1 teaspoon cayenne pepper
- 2 teaspoons garlic powder
- 1 tablespoon salt
- 1 tablespoon pepper
- 1 tablespoon brown sugar
- 1/2 cup worcestershire sauce
- 2 pounds pork back ribs

Nutrition:

1. Calories: 510 calories
2. Carbohydrate: 17 grams
3. Cholesterol: 170 milligrams
4. Fat: 29 grams
5. Fiber: 5 grams
6. Protein: 45 grams
7. SaturatedFat: 5 grams
8. Sodium: 2290 milligrams
9. Sugar: 7 grams

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