

# Crockpot Mexican Beans

Yield: 8 min  
Total Time: 50 min

Recipe from: <https://www.recipeschoose.com/recipes/best-crockpot-mexican-beans-recipe>

## Ingredients:

- 1 pound dry beans choice, I used pinto beans, but black beans would be great as well
- 2 cups fat free chicken broth
- 8 cups water depending on how soupy you want the beans to be; I used the full 8 cups
- fresh dill
- parsley
- basil
- 2 teaspoons garlic powder
- 3 teaspoons salt
- 1 teaspoon cumin
- chili powder
- dried oregano
- 2 teaspoons cilantro dried
- 1/2 teaspoon paprika

## Nutrition:

1. Calories: 200 calories
2. Carbohydrate: 36 grams
3. Fat: 1 grams
4. Fiber: 9 grams
5. Protein: 14 grams
6. Sodium: 1170 milligrams
7. Sugar: 1 grams

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