

Christmas Simmer Pot

Yield: 4 min
Total Time: 25 min

Recipe from: <https://www.recipeschoose.com/recipes/keto-christmas-recipe>

Ingredients:

- 5 allspice berries
- 6 cloves
- 3 bay leaves
- 2 cinnamon sticks
- 1 teaspoon vanilla extract

Nutrition:

1. Calories: 10 calories
2. Carbohydrate: 1 grams
3. Fiber: 1 grams

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