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## Bubble & Squeak With Ham & Eggs

Yield: 4 min Total Time: 55 min

Recipe from: <a href="https://www.recipeschoose.com/recipes/best-christmas-ham-recipe-jamie-oliver">https://www.recipeschoose.com/recipes/best-christmas-ham-recipe-jamie-oliver</a>

## **Ingredients:**

- 3 1/16 cups mixed vegetables cut into chunks
- 8 slices ham higher-welfare cold honey roast
- 1 2/3 pounds potatoes flour, cut into chunks
- olive oil
- 1 knob unsalted butter
- 4 large free range eggs
- sea salt
- ground black pepper freshly

## **Nutrition:**

Calories: 440 calories
Carbohydrate: 49 grams
Cholesterol: 250 milligrams

4. Fat: 19 grams5. Fiber: 9 grams6. Protein: 24 grams7. SaturatedFat: 6 grams8. Sodium: 1070 milligrams

9. Sugar: 2 grams

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