

# Quick Chinese Special Fried Rice

Yield: 2 min  
Total Time: 20 min

Recipe from: <https://www.recipeschoose.com/recipes/best-chinese-special-fried-rice-recipe>

## Ingredients:

- 1 7/8 cups cooked rice
- 5 1/4 ounces prawns Small
- 3 1/2 ounces chicken thighs
- 3 1/2 ounces pork fillet
- 3 spring onions
- 2/3 cup carrot
- 2/3 cup sweetcorn Frozen
- 3/4 cup frozen peas
- 2 tablespoons cooking oil
- 2 tablespoons light soy sauce
- 1 tablespoon Shaoxing wine
- 2 eggs

## Nutrition:

1. Calories: 540 calories
2. Carbohydrate: 25 grams
3. Cholesterol: 365 milligrams
4. Fat: 29 grams
5. Fiber: 6 grams
6. Protein: 43 grams
7. SaturatedFat: 5 grams
8. Sodium: 1170 milligrams
9. Sugar: 7 grams

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