

Vegetarian Chinese Potsticker Appetizers

Yield: 4 min
Total Time: 30 min

Recipe from: <https://www.recipeschoose.com/recipes/easy-chinese-potsticker-recipe>

Ingredients:

- 1 package rice wraps
- 8 ounces tofu Tempura
- 1/2 onion medium, finely chopped
- 5 garlic cloves minced
- 2 teaspoons ginger minced
- 1/2 cup shredded carrot
- 1/2 cup crimini mushrooms chopped
- 2 cups napa cabbage chopped
- 1 teaspoon sesame oil
- 1 dash salt
- 4 tablespoons rice vinegar
- 4 tablespoons soy sauce
- 2 garlic cloves pressed
- 1 teaspoon ginger grated
- 1 green onion finely chopped
- 1 teaspoon sesame oil

Nutrition:

1. Calories: 150 calories
2. Carbohydrate: 18 grams
3. Fat: 5 grams
4. Fiber: 2 grams
5. Protein: 8 grams
6. SaturatedFat: 1 grams
7. Sodium: 990 milligrams
8. Sugar: 2 grams

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