

Chinese Pepper Steak

Yield: 4 min
Total Time: 30 min

Recipe from: <https://www.recipeschoose.com/recipes/traditional-chinese-pepper-steak-recipe>

Ingredients:

- 1/2 pound beef sliced thin
- 1 green pepper chopped
- 1 medium onion wedged
- 1 medium tomato wedged
- 1/4 cup beef broth
- 1 teaspoon sugar
- 1 teaspoon cornstarch
- 1 tablespoon fresh ginger minced
- 1 tablespoon garlic minced
- 1 tablespoon oyster sauce
- 1 tablespoon soy sauce
- 1/2 pound beef sliced thin
- 1 green pepper chopped
- 1 medium onion wedged
- 1 medium tomato wedged
- 1/4 cup beef broth
- 1 teaspoon sugar
- 1 teaspoon cornstarch
- 1 tablespoon fresh ginger minced
- 1 tablespoon garlic minced
- 1 tablespoon oyster sauce
- 1 tablespoon soy sauce

Nutrition:

1. Calories: 320 calories
2. Carbohydrate: 17 grams
3. Cholesterol: 75 milligrams
4. Fat: 17 grams
5. Fiber: 3 grams

6. Protein: 24 grams
 7. SaturatedFat: 7 grams
 8. Sodium: 880 milligrams
 9. Sugar: 8 grams
 10. TransFat: 1 grams
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