

Easy Chinese Corn Soup

Yield: 4 min
Total Time: 15 min

Recipe from: <https://www.recipeschoose.com/recipes/veg-corn-soup-recipe-chinese>

Ingredients:

- 15 ounces cream style corn
- 14 1/2 ounces low sodium chicken broth
- 1 egg beaten
- 1 tablespoon cornstarch
- 2 tablespoons water

Nutrition:

1. Calories: 120 calories
2. Carbohydrate: 22 grams
3. Cholesterol: 55 milligrams
4. Fat: 2.5 grams
5. Fiber: 1 grams
6. Protein: 6 grams
7. Sodium: 350 milligrams
8. Sugar: 3 grams

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