

5-Minute Prep Chinese Bourbon Chicken

Yield: 4 min
Total Time: 25 min

Recipe from: <https://www.recipeschoose.com/recipes/easy-chinese-bourbon-chicken-recipe>

Ingredients:

- 2 tablespoons canola oil
- 1 teaspoon minced garlic
- 1 teaspoon minced fresh ginger
- 2 tablespoons chopped onion
- 1 pound chicken breast cut into bite-sized pieces
- 1/2 cup bourbon
- 1/3 cup water
- 2 teaspoons rice wine vinegar
- 1 tablespoon ketchup
- 1/3 cup soy sauce
- 1 teaspoon chili pepper and garlic sauce
- 1 teaspoon cornstarch
- sesame seeds for sprinkling
- chopped chives for sprinkling

Nutrition:

1. Calories: 300 calories
2. Carbohydrate: 5 grams
3. Cholesterol: 75 milligrams
4. Fat: 12 grams
5. Fiber: 1 grams
6. Protein: 26 grams
7. SaturatedFat: 2 grams
8. Sodium: 1390 milligrams
9. Sugar: 2 grams

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