

# Braised Spare Ribs With Black Bean Sauce (?????)

Yield: 4 min  
Total Time: 50 min

Recipe from: <https://www.recipeschoose.com/recipes/chinese-steamed-sparerib-recipe>

## Ingredients:

- 1 9/16 pounds spare ribs
- 1 tablespoon vegetable oil
- 1 onion
- 2 teaspoons ginger julienned
- 3 tablespoons black bean sauce homemade spicy, see note
- 1 tablespoon light soy sauce
- 1 stalk spring onion chopped

## Nutrition:

1. Calories: 560 calories
2. Carbohydrate: 8 grams
3. Cholesterol: 140 milligrams
4. Fat: 44 grams
5. Fiber: 1 grams
6. Protein: 27 grams
7. SaturatedFat: 14 grams
8. Sodium: 560 milligrams
9. Sugar: 4 grams

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